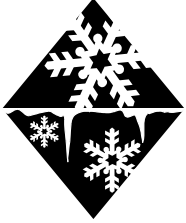


# VOLUNTEER INSTRUCTOR NEWSLETTER

## Sled your way into a CPR Class....

Winter 2006



In the chilly months find a warmer spot in a CPR or First Aid Class. Attached you will find a calendar for January, February and March 2006. Drop me a line if you would like to schedule a class (es). Additional information about class sites and times have also been enclosed. You can reach me at 410.624.2067, or [aczechowski@arc-cmc.org](mailto:aczechowski@arc-cmc.org). A key to the calendar is on page 5.

## Change is in the air...

**Guidelines 2005 Update-** National headquarters staff and project team volunteers have been working on product and course revisions related to the first aid and CPR guideline changes. Here are some of the highlights for the changes that will be happening.

- Revised courses will have more hands-on practice time;
- Courses will have an improved instructional design;
- VHS tapes will be phased out and new videos will be available in only DVD format;
- An Epinephrine Auto-Injection Module for first aid courses is in development;

## **Development & Implementation Plan for the following changes:**

- Spring 2006-release of the First Aid/CPR/AED Program

In the next couple of months more information will be sent out regarding these changes and how they will affect the materials and the final product. You can keep up to-date on the changes via the Instructor Corner on the Red Cross website; you can access the page at [www.instructorcorner.org/redcross](http://www.instructorcorner.org/redcross). It will become important that you are familiar with this website since you will need to complete your instructor update through the site. Your instructor authorization for the current program will only be valid through December 31<sup>st</sup>, 2006. If your certification is renewed in 2006 you will only be able to teach this program through December 31<sup>st</sup>, 2006 versus the normal two year certification period. A letter will be sent out in January with explicit directions on how to create a user account on the Instructor Corner and how to go through the update process. If you have been with us long enough you remember the update process for the current program and how you had to come into the chapter and go through the AED skills and a crossover to the materials. This will be exponentially easier and more user friendly-plus it is a wonderful way to stay on top of what is going on with the Red Cross.

As I see changes being announced I will make sure to let you know what they are and how they will be affecting you. I like to keep you as informed as possible since I know that the students will ask questions and since you are the ambassadors for the Red Cross it is important that you are well informed.

I wish you the very best in the upcoming months and please do not hesitate to contact me if you have any questions or concerns about anything!

Best Regards,  
Adrienne Czechowski  
Health & Safety Volunteer Coordinator

**January 2006**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 <b>SFA AA-TBA</b> (10) 6-10 Day 1	4 <b>CCPR BA</b> (10) 9-5	5 <b>SFA AA-TBA</b> (10) 6-8:30 Day 2	6 <b>SFA BA</b> (10) 9-4	7 <b>CCPR AA-SCC</b> (10) <b>SFA BA</b> (20) <b>SFA BA-TPC</b> (10) <b>SFA HO</b> (20) <b>SFA CA-WSC</b> (10)
8	9 <b>SFA BA</b> (10) 6-10 Day 1	10 <b>SFA/AED BA</b> (8) 9-5	11 <b>SFA BA</b> (10) 6-8:30 (D2)	12 <b>CCPR BA</b> (10) 9-5  <b>FA Basics HO</b> (10) 6-10	13 <b>ACPR BA</b> (10) 9-1	14 <b>CCPR BA</b> (20) <b>CCPR HO</b> (10) <b>CCPR AA-TBA</b> (10) <b>SFA AA-SCC</b> (10) <b>SFA HA</b> (10) <b>ICCPRFA BA</b> (10) <b>CPRFPR BA-TPC</b> (10)
15	16 <b>ICCPRFA BA</b> (10) 9-6  <b>FA Basics BA</b> (10) 6-10	17 <b>FA Basics AA</b> (10) 6-10	18 <b>CCPR BA</b> (10) 9-5	19 <b>ACPR HO</b> (20) 6-10	20 <b>SFA BA</b> (10) 9-4	21 <b>SFA BA</b> (20) <b>SFA HO</b> (10) <b>CCPR AA-SCC</b> (10) <b>CCPR HA</b> (10) <b>ICCPRFA AA-TBA</b> (10) <b>ICCPRFA CA-GEL</b> (10)
22	23	24 <b>CCPR BA</b> (10) 9-5	25	26	27 <b>SFA BA</b> (10) 9-4	28 <b>CCPR BA</b> (20) <b>CCPR BA-TPC</b> (10) <b>CCPR AA-SPC</b> (10) <b>SFA/AED HO</b> (10) <b>SFA AA-SCC</b> (10) <b>CPRFPR BA</b> (10)
29	30 <b>FA Basics BA</b> (10) 6-10	31 <b>CCPR BA</b> (20) 9-5  <b>SFA AA-TBA</b> (10) 6-10 D1				

**February 2006**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <b>ICCPRFA BA</b> (10) 9-6	2 <b>SFA AA-TBA</b> (10) 6-8:30 D2	3	4 <b>SFA BA</b> (20) <b>SFA AA-SPC</b> (10) <b>SFA HA</b> (10) <b>CCPR BA</b> (10) <b>CCPR CA-WSC</b> (10) <b>ICCPRFA HO</b> (10) <b>CPRFPR AA-SCC</b> (10)
5	6 <b>FA Basics BA</b> (10) 6-10	7 <b>ACPR BA</b> (10) 9-1	8	9 <b>SFA/AED BA</b> (9) 9-5:30  <b>FA BASICS HO</b> (10) 6-10	10 <b>SFA BA</b> (20) 9-4	11 <b>SFA BA-Padonia</b> (10) <b>SFA AA-SCC</b> (10) <b>SFA AA-TBA</b> (10) <b>SFA HA</b> (10) <b>CCPR HO</b> (10) <b>CCPR HA</b> (10) <b>ICCPRFA BA</b> (20) <b>CPRFPR/AED BA</b> (10) <b>Babysitting BA-TPC</b> (10) <b>PFA BA</b> (10)
12	13 <b>SFA BA</b> (10) 6-10 Day 1	14 <b>ICCPRFA BA</b> (20) 9-6	15 <b>CCPR BA</b> (20) 9-5  <b>SFA BA</b> (10) 6-8:30 BD2	16 <b>SFA BA</b> (10) 9-4	17	18 <b>CCPR AA-SCC</b> (10) <b>ICCPRFA BA</b> (10) <b>ICCPRFA BA-Padonia</b> (10) <b>ICCPRFA HO</b> (10) <b>ICCPRFA HA</b> (10) <b>SFA CA-Gel</b> (10) <b>SFA BA</b> (20) <b>SFA HO-OBCC</b> (10)
19	20	21 <b>CCPR BA</b> (20) 9-5	22	23 <b>SFA BA</b> (10) 9-4	24	25 <b>SFA BA</b> (20) <b>SFA/AED HO</b> (10) <b>SFA AA-SCC</b> (10) <b>CCPR HA</b> (10) <b>ICCPRFA BA-TPC</b> (10) <b>CPRFPR BA</b> (10) <b>Babysitting AA-SPC</b>
26	27 <b>SFA BA</b> (10) 6-10 Day 1	28				

### March 2006

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <b>SFA/AED BA</b> (20) 9-5:30  <b>SFA BA</b> (10) 6-8:30 Day 2	2	3 <b>SFA BA</b> (10) 9-4	4 <b>CCPR BA</b> (20) <b>CCPR CA-WSC</b> (10) <b>SFA BA-TPC</b> (10) <b>SFA AA-SCC</b> (10) <b>ICCPRFA HO</b> (10)
5	6 <b>FA Basics AA-?</b> (10) 6-10  <b>FA Basics BA</b> (20) 6-10	7 <b>SFA BA</b> (10) 9-4	8 <b>CCPR BA</b> (20) 9-5	9 <b>ICCPRFA BA</b> (10) 9-6  <b>FA Basics HO</b> (10) 6-10	10 <b>CPRFPR BA</b> (10) 9-4	11 <b>CCPR AA-SCC</b> (10) <b>CCPR BA-Padonia</b> (10) <b>SFA AA-TBA</b> (10) <b>SFA HA</b> (10) <b>SFA/AED HO</b> (10) <b>SFA BA</b> (20) <b>CPRFPR BA</b> (10)
12	13 <b>SFA HO</b> (10) 6-10 Day 1	14 <b>CPRFPR/AED</b> (8) 9-5	15 <b>SFA HO</b> (10) 6-8:30 Day 2	16 <b>SFA BA</b> (10) 9-4	17 <b>ACPR BA</b> (10) 9-1	18 <b>SFA AA-SCC</b> (10) <b>SFA BA</b> (20) <b>SFA HA</b> (10) <b>SFA HO-OBCC</b> (10) <b>SFA CA-GEL</b> (10) <b>ICCPRFA AA-TBA</b> (10) <b>ICCPRFA BA-TPC</b> (10) <b>Babysitting HO-PC</b> (10)
19	20 <b>FA Basics BA</b> (20) 6-10	21 <b>SFA AA-TBA</b> (10) 6-10 Day 1	22 <b>CCPR BA</b> (20) 9-5	23 <b>SFA AA-TBA</b> (10) 6-8:30 Day 2  <b>ACPR HO</b> (10) 6-10	24 <b>SFA BA</b> (20) 9-4	25 <b>CCPR AA-SPC</b> (10) <b>CCPR HA</b> (10) <b>CCPR HO</b> (10) <b>SFA BA-TPC</b> (10) <b>ICCPRFA BA</b> (20) <b>CPRFPR/AED BA</b> (8) <b>PFA HO-OBCC</b> (10)
26	27	28 <b>CCPR BA</b> (20) 9-5	29	30	31	

## Key to Community Calendar

### SITES

### CLASSES

<b>AA-JWC</b>	John Wesley United Methodist Church 6922 N Ritchie Highway Glen Burnie, MD 21061	<b>SFA-</b> Standard First Aid (Adult CPR & First Aid) <b>SFA/AED-</b> Standard First Aid w/AED
<b>AA-SCC</b>	Stanton Community Center 92 W. Washington Street Annapolis, MD 21401	<b>CCPR-</b> Adult, Infant/Child CPR <b>ICCPRFA-</b> Infant/Child CPR & First Aid
<b>AA-SPC</b>	Severna Park United Methodist Church 731 Benfield RD Severna Park, MD 21146	<b>CPRFPR-</b> CPR for the Professional Rescuer <b>CPRFPR/AED-</b> CPR for the Professional Resc. w/AED
<b>BA</b>	American Red Cross Central Maryland Chapter Hdqtrrs 4800 Mt. Hope DR Baltimore, MD 21215	<b>PFA-</b> Pet First Aid
<b>BA-TPC</b>	Towson Presbyterian Church 400 W. Chesapeake Ave Towson, MD 21204	
<b>BA-SPCA</b>	The Maryland SPCA 3300 Falls Road Baltimore, MD 21211	
<b>CA-GEL</b>	Grace Evangelical Lutheran Church 21 Carroll ST Westminster, MD 21157	
<b>CA-WSC</b>	Westminster Senior Center 1215 Stoner Ave Westminster, MD	
<b>HO-PC</b>	First Presbyterian Church 9325 Presbyterian Circle Columbia, MD 21045	
<b>HO-OBCC</b>	Owen Brown Community Center 6800 Cradlerock Way Columbia, MD 21045	
<b>HO-CS</b>	Coventry School 7165 A-F Oakland Mills Road Columbia, MD 21046	