



# Selecting Your Training . . .

Use the chart below to match your interests and certification needs with the appropriate Red Cross course(s). To register for a course, visit [http://www.redcross-cmd.org/Show\\_Course\\_Types.cfm](http://www.redcross-cmd.org/Show_Course_Types.cfm), mail us the completed registration form on page 11, or register online at [www.redcross-cmd.org](http://www.redcross-cmd.org).

If your occupation is...or if your needs and interests are...	Sign up for...	The certificate(s) you will receive...
<b>Child Care Provider</b> (meets Maryland Child Care Administration regulation requirements)	Infant and Child CPR and First Aid or Adult, Infant & Child CPR	◆ Infant and Child CPR ◆ First Aid Basics or ◆ Adult, Infant and Child CPR
<b>Camp, Recreation Center, Pool, or after school care staff</b>	Adult, Infant & Child CPR or First Aid Basics	◆ First Aid Basics ◆ Adult, Infant and Child CPR
<b>Lifeguarding</b>	CPR for the Professional Rescuer	◆ CPR for the Professional Rescuer (includes Adult, Infant and Child CPR, two rescuer CPR, and bag valve mask)
<b>Dentists, Nursing Students, and Other Health Professionals with a duty to respond</b>	CPR for the Professional Rescuer or Adult, Infant & Child CPR	◆ CPR for the Professional Rescuer or ◆ Adult, Infant & Child CPR ◆ Adult, Infant and Child CPR
<b>General OSHA first aid requirements</b>	Standard First Aid or Adult, Infant & Child CPR	◆ First Aid Basics ◆ Adult CPR or ◆ Adult, Infant and Child CPR
<b>CPR for adult victims</b>	Adult CPR	◆ Adult CPR
<b>First aid skills, including CPR for adult victims</b>	Standard First Aid	◆ First Aid Basics ◆ Adult CPR
<b>First aid skills, including CPR for adult, infant and child victims</b>	Adult, Infant & Child CPR or First Aid Basics	◆ Adult, Infant & Child CPR ◆ Adult, Infant and Child CPR ◆ First Aid Basics
<b>First aid training without CPR</b>	First Aid Basics	◆ First Aid Basics
<b>Automated External Defibrillator (AED)</b>	AED with CPR for Adults or AED with First Aid and CPR for Adults	◆ Adult CPR/AED or ◆ Standard First Aid ◆ Adult CPR/AED
<b>Becoming a First Aid/CPR Instructor</b> (authorizes you to teach Adult, Infant and Child CPR, and First Aid)	Fundamentals of Instructor Training and First Aid / CPR / AED Instructor Training	◆ Fundamentals of Instructor Training and ◆ First Aid/CPR/AED Instructor
<b>Becoming a Workplace Training Standard First Aid Instructor</b> (authorizes you to teach Adult CPR, Automated External Defibrillator, & First Aid)	Fundamentals of Instructor Training and First Aid/CPR/AED Instructor Training	◆ Fundamentals of Instructor Training and ◆ Workplace Training: Standard First Aid